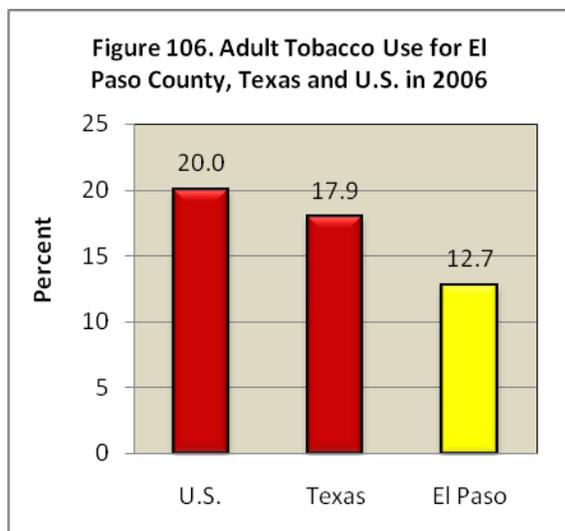


Tobacco Use, Adult Smokers

Healthy People 2010 Objective: 12.0 Percent

National

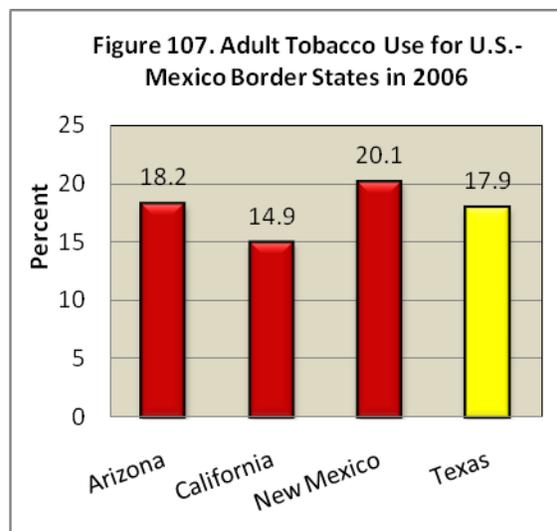
El Paso County had a lower percentage of adult smokers than both the United States and Texas in 2006.



Source: CDC BRFSS, 2006

State

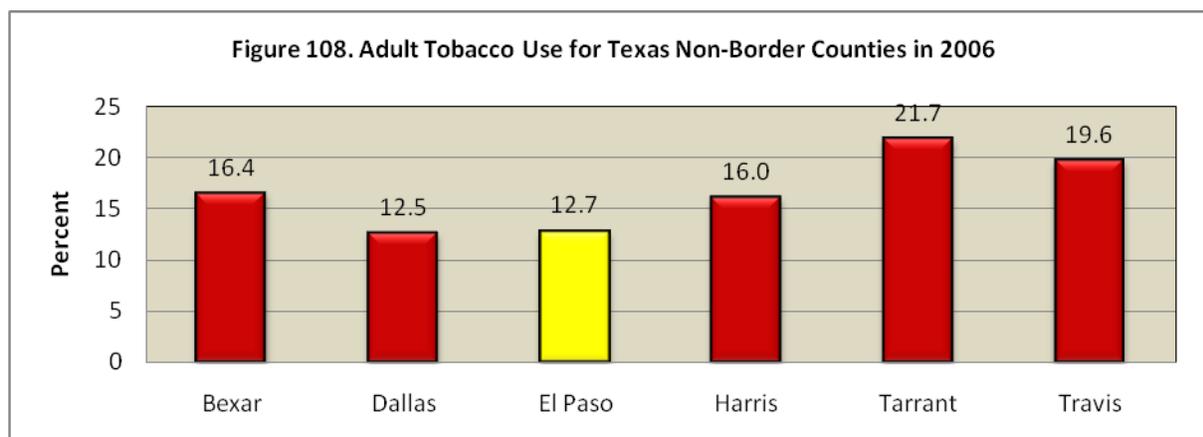
Texas had the second-lowest percentage of adult smokers in the Border States in 2006. California had the lowest.



Source: CDC BRFSS, 2006

Texas Non-Border Counties

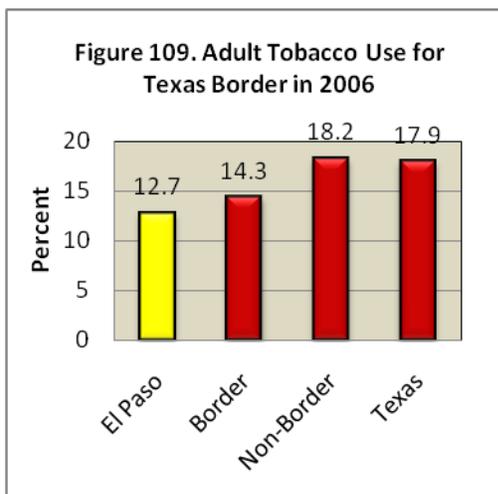
In 2006, in comparison to the major Texas Non-Border Counties, El Paso County had the second-lowest adult smoking percentage. Dallas County had the lowest.



Source: CDC BRFSS, 2006

Texas Border Counties

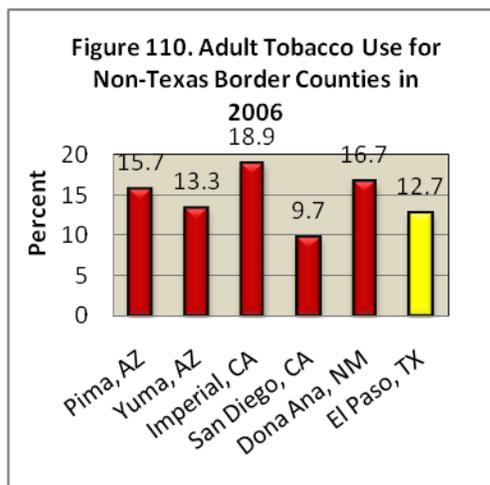
El Paso had a lower percentage of adult smokers than the Texas Border and Non-Border Regions in 2006¹.



Source: Texas BRFSS, 2006

Non-Texas Border Counties

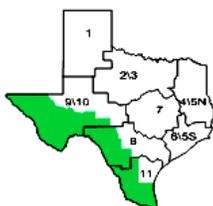
In comparison to the Non-Texas Border Counties, El Paso County had the second-lowest percentage of adult smokers in 2006. San Diego County had the lowest.



Source: CDC BRFSS, 2006; C-STATS, 2006

El Paso County	Healthy People Objective	Goal Met	Year
12.7 Percent	12.0 Percent	No	2006

¹The green area refers to Border Region in Figure 109. Numbers on the map refer to Texas Public Health Regions.



Source: Texas BRFSS, 2006

When Smokers Quit

Time After Last Cigarette	Effect
20 Minutes	Blood pressure returns to normal
8 Hours	Oxygen level returns to normal
24 Hours	Risk for heart attack decreases
48 Hours	Taste and smell increase
2 Weeks – 3 Months	Circulation and lung function improve

Source: American Cancer Society, 2008

